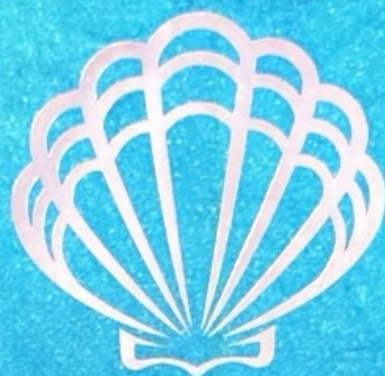




SANDY BAY
MENU

Lighter bites

CAESAR SALAD £8.95

A classic Caesar salad, combining crisp lettuce, crunchy croutons & Grana Padano shavings. All topped with a creamy Caesar dressing.

MAKE IT A MAIN £13.95

ADD CHICKEN BREAST + £3.00

PLOUGHMAN'S LUNCH

Mature cheddar cheese or sliced ham served with a warm baguette, hard boiled egg, tomato chutney & a crisp salad. Served with a cocktail pork pie.

WITH CHEESE £11.95 WITH HAM £13.35

TRADITIONAL HAM, EGG & CHIPS £9.75

Sliced roast ham, served with two fried eggs & chips.

CHICKEN WRAP £8.95

A tasty filling of three crispy chicken goujons, crisp little gem lettuce & mayonnaise in a soft tortilla wrap.

Served with chips.

Like to spice it up - swap mayo for chipotle sauce

CHICKEN POKE BOWL 🌶️ £9.95

Originating from the Hawaiian word meaning 'sliced meat or fish', a long grained rice salad with sliced chargrilled chicken breast and sweet chilli sauce.

FISH FINGER BAGUETTE £9.95

Cod fillet fish finger in chip shop batter, served in a baguette with tartar sauce.

STEAK & ONION BAGUETTE £11.95

Prime sirloin steak and fried red onions served in a baguette.

ADD A SIDE OF CHIPS £2.00

ALL OUR TOASTIES COME WITH A SIDE OF CHIPS.

THREE CHEESE & ONION TOASTIE £7.95

Vintage cheddar, mozzarella, Red Leicester & red onions served in white bloomer bread. Topped with a Welsh rarebit.

BBQ CHICKEN TOASTIE £7.95

BBQ chicken served in white bloomer bread. Topped with a Welsh rarebit.

TUNA MELT TOASTIE £7.95

Tuna & cheese served in white bloomer bread. Topped with a Welsh rarebit.

JACKET POTATO

Baked potato with your choice of filling & salad garnish.

FILLING OPTIONS:

Cheese £7.95 🌱

Beans £7.95 Vegan cheese £7.95 🌱 🌱

JACKET POTATO TUNA & SWEETCORN £8.95

ADD AN EXTRA TOPPING OF: Beans or Cheese £1.50

LASAGNE BOLOGNESE £9.95

Layers of pasta sheets with rich meat bolognese sauce topped with béchamel sauce, served with garlic & herb bread and chips.

VEGETABLE LASAGNE 🌱 £9.95

Layers of pasta sheets with rich vegetable bolognese sauce topped with béchamel sauce, served with garlic & herb bread and chips.

Sandwiches

CHOICE OF SANDWICH SERVED WITH A SALAD GARNISH

TUNA MAYONNAISE £6.95

HAM, CHEESE & PICKLE £6.95

CHICKEN TIKKA MAYONNAISE £6.95

EGG MAYONNAISE £6.95

CHICKEN £6.95

HAM £6.95

CHEESE 🌱 £6.95

VEGAN CHEESE & PICKLE 🌱 🌱 £6.95

ADD A SIDE OF CHIPS £2.00

Sides

SIDE SALAD 🌱 🌱 🌶️ £2.95

CHIPS 280 kcal 🌱 🌱 £2.95

CHEESY CHIPS 220 kcal 🌱 £3.25

ONION RINGS 🌱 £2.00

GARLIC BREAD 🌱 £2.25

CHEESY GARLIC BREAD 🌱 £3.25

COLESLAW 🌱 £2.95

Our Classic Mains

SCAMPI & CHIPS	£12.25	CHIP SHOP PLATTER	£18.95
Served with mushy peas or garden peas & salad garnish.		Battered fillet of white fish, six pieces of scampi, battered sausage, chips, mushy peas, curry sauce & pickled onions.	
HUNTERS CHICKEN	£12.25	CHICKEN MURGH MAKHANI	16.95
Served with chips & salad garnish.		Marinated chicken breast in a lightly spiced cream and butter sauce, served with white wild rice, mini pappadums and mango chutney.	
FISH 'N' CHIPS	£14.95	ADD A FLAT BREAD	2.00
A skinless fillet of chunky fish battered & deep fried in-house until golden. Served with chips, garden peas or mushy peas & a lemon wedge.		BUTTERNUT GOBI DHANSAK 🌱🌱	16.95
GYROS	£14.95	Cauliflower florets, butternut squash, red onions, red peppers, split peas and lentils in a spiced sauce served with white wild rice, mini pappadums and mango chutney.	
Choose from chicken, pork, mixed chicken & pork or hot honey glazed halloumi. A khobez flatbread & salad served with chips, garlic mayonnaise and sweet chilli sauce.		CORNISH STEAK & ALE PIE	£16.95
CHICKEN		Diced British beef in rich gravy encased in a short crust pastry. Served with mash potato, red cabbage & apple, garden peas & gravy.	
PORK			
MIXED CHICKEN & PORK			
HOT HONEY HALLOUMI 🌱			
CHICKEN FAJITAS	16.95		
Chicken breast strips, mixed peppers and onion in fajita seasoning served with tortillas, cheese, salsa, sour cream, lettuce and chips.			

Burger & Grill

HOUSE CHEESEBURGER	£13.25	BACON CHOPS ✖	17.95
Our famous two massive quarter pounders, grilled & topped with cheese slices, lettuce & tomato. Served with chips & coleslaw.		Two boneless bacon chops served with mashed potato, mixed green vegetables and bernaïse sauce.	
BACON BBQ BURGER	£13.95	8OZ SIRLOIN STEAK ✖	£20.95
Two massive quarter pounders, grilled & topped with cheese, lettuce, tomato, bacon & BBQ sauce. Served with chips & coleslaw.		8oz sirloin steak grilled to your liking, served with grilled tomatoes, flat mushrooms, chips, beer battered onion rings & garden peas.	
KICKIN' KOREAN CHICKEN BURGER	16.95	ADD AN EXTRA TOPPING OF:	
Chicken goujons topped with cheddar cheese, Korean BBQ sauce and kimchi in a ciabatta roll served with chips & Asian slaw.		• Cheese £1 • Bacon £1 • Beef Pattie £2	
BEETROOT & QUINOA BURGER 🌱	£14.95	DIP, SIP OR POUR	
A blend of vibrant beetroot, red pepper, red onion & quinoa in panko breadcrumbs. Served in a brioche style bun with a tomato chutney, roquette & mayo. Accompanied with chips & coleslaw.		SUPERCARGE YOUR BURGER WITH ONE OF OUR DELICIOUS SAUCES	
		Red wine & beef drippings gravy	2.25
		Nacho cheese sauce	2.25
		Katsu curry sauce	2.25

CHECK OUT OUR SPECIALS MENU*

 Vegetarian
  Vegan
  Gluten-Free

Adults need around 2000kcal per day

*Subject to availability

Pizzas

TEAR & SHARE GARLIC BREAD

£8.50

11" sourdough base topped with garlic butter.

WHY NOT ADD CHEESE? £1

MARGHERITA PIZZA

£11.95

11" sourdough base topped with tomato sauce, fresh tomatoes, a three cheese blend & oregano.

GO FREESTYLE?

Create your own pizza by adding extra toppings to the margherita pizza!

PERFECT PEPPERONI

£14.25

Topped with tomato sauce, spicy pepperoni sausage, a three cheese blend & oregano.

VEGGIE SUPREME

£14.25

Mushrooms, peppers, sweetcorn & red onions.

MEAT FEAST PIZZA

£14.25

Topped with a bbq sauce, a three cheese blend, meatballs, pepperoni, ham, chicken slices & oregano.

All are available as gluten free bases, please ask. 

ADD AN EXTRA TOPPING FOR £1:

• Tomatoes  • Red onions  • Jalapeños 

ADD AN EXTRA TOPPING FOR £2:

• Cheese  • Pepperoni • Chicken
• BBQ chicken • Meatballs

Desserts

TIRAMISU

£7.95

Coffee soaked sponges layered with zabaglione cream & coco dusting, served with vanilla ice cream.

TUTTI FRUITI

CHEESE CAKE 455 kcal

8.75

Baked vanilla cheesecake with raspberries, cream frosting, mango compote, pistachios and passion fruit coulis.

STRAWBERRIES & CREAM SUNDAE

£7.95

Strawberries with strawberry ice cream, marshmallows, whipped cream & finished with a strawberry ice lolly.

COOKIE DOUGH PUDDING 923 kcal

8.75

Milk chocolate chip cookie dough baked with a salted caramel sauce served with vanilla ice cream.

SELECTION OF ICE CREAM

£3.50

Hot Drinks

ESPRESSO 5 kcal	£2.95
AMERICANO 10 kcal	£3.70
CAFFE LATTE 50 kcal	£3.95
CAPPUCCINO 50 kcal	£3.95
CAFFE MOCHA 125 kcal	£3.95
HOT CHOCOLATE 200 kcal	£3.95
EARL GREY TEA 10 kcal	£2.95
DECAFFEINATED TEA 10 kcal	£2.95
BREAKFAST TEA 10 kcal	£2.95
LEMON TEA 10 kcal	£2.95
PEPPERMINT TEA 10 kcal	£2.95
GREEN TEA 10 kcal	£2.95

Some of our dishes can be adapted to suit your dietary requirements. Please speak to a member of our team. Please notify our team of any allergies when ordering. We take great care to prevent cross-contamination when preparing food, however please be aware that all our dishes are prepared in kitchens where all known allergens are present, therefore we cannot guarantee that any food item is completely free from allergens.

All items on this menu are subject to availability.
All prices are paid in pound sterling and include VAT at the current rate.



Scan here
for allergen info